



*Resilience in Crisis: Navigating  
Food Sovereignty post Covid-19,  
opportunities for localized food  
supply chains.*

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# Food Landscape for Consumers

- Inflationary
- Lack of transparency
- Poverty & insecurity



# Buying Local - challenges & opportunities



- Defining local
- Overcoming the high price myth
- Support local food producers
- Measures of success
  
- Consumer-driven demand
- Economic strength
- Community engagement

# Food sovereignty for Canadian municipalities?

- access to resources & inputs
- production & labour
- trade
- food consumption
- policy
- community involvement
- culture



# Success stories

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- We Feed Lunenburg
  - Community Engagement
  - Grassroots
  - Democratizing short food chains





Thank you!

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